

We'll connect to you in just a moment.



Every Day, 8am-10pm EST

NO MATTER  
WHERE YOU  
ARE ON THE  
JOURNEY,  
TEXT US.

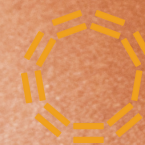
646-681-1648

@justbirthspace



Free pregnancy and postpartum support.

Whenever you need it.



JUSTBIRTH  
SPACE

FREE, VIRTUAL  
PERINATAL SUPPORT  
FOR ANYONE.



## ABOUT US

JustBirth Space is a virtual platform that offers free, responsive, and compassionate perinatal support through text and video chat, as well as virtual support groups and classes.

Pregnant people and parents in the United States and worldwide can access support on a full spectrum of topics including pregnancy, labor, birth, postpartum, and infant feeding.

JustBirth Space's support team is made up of community-based doulas, lactation consultants, childbirth educators, and postpartum experts, all providing warm, welcoming, and empathetic support that is inclusive and safe for all identities.

JustBirth Space is a partnership between Ancient Song Doula Services, Village Birth International, Jacaranda Health, and Every Mother Counts.

TEXT US 646-681-1648



## ***Pregnant or postpartum?***

Get free, virtual support in the palm of your hand.

## OUR OFFERINGS

Pregnancy Support Group  
(English & Spanish)

Postpartum Support Group

Postpartum Is Forever  
(children 1-year-old and up)

Infant Feeding Support

Induction Basics

Ins & Outs of Genital Birth  
after Cesarean/Vaginal Birth  
after Cesarean(GBAC/VBAC)

SIGN UP TODAY

Text JustBirth Space  
for FREE, compassionate,  
and responsive virtual support!

646-681-1648

***We're here for you.***

Chat with us today & join an  
online support group or class!

Childbirth Education  
(English & Spanish)

Childbirth Education  
for Queer Families

Queer Families Support Group

HEAL: A Birth Trauma  
Processing Circle

Prenatal Yoga

Newborn Care &  
Infant Feeding class

[www.justbirthspace.org](http://www.justbirthspace.org)